



TRAINING WITH ALTITUDE 2010/2011

Sport is about attitude, athleticism and preparation. Thredbo has the facilities to help any team improve their skills. Away from the distractions of the daily grind, Thredbo is the perfect location for team focus and clarity.

Training with altitude

Thredbo combines a secluded alpine 'clean & green' environment with a first class training facility to provide the ideal sports camp venue. The centre provides world-class facilities to give any training schedule the boost it needs to achieve peak performance. The Thredbo Leisure Centre is operated by professionally qualified staff and utilised by many well known sporting teams and experts.

Summer sport camps

\$107* per person per day

- Unlimited use of the Thredbo Leisure Centre indoor pool, gymnasium, indoor sports hall, bouldering wall and outdoor village green.
- Accommodation at the Thredbo Alpine Hotel
- Three nutritionally balanced meals
- Package valid October 2010 to early June 2011
- Additional activities and team building available POA

*Single room supplement and meal upgrades as well as apartment style accommodation options available on request

THREDBO
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Thredbo Facilities and Services

Swimming Pool

Indoor 50m swimming pool. Includes 4 x 50m lanes, 4 x 25m lanes. Also includes waterslide and small recovery/hydrotherapy pool heated to 32 degrees.

Gymnasium

Fully equipped (170m²) gymnasium with a full range of cardio equipment and free weights, treadmills, rowers, spin bikes, a stepper and an upright and recumbent bike.

Squash Court

Timber sprung floor with glass back wall.

Indoor Sports Hall

1600 square metre multipurpose timber sprung floor that can be used in various configurations and court layouts. This includes a 4 lane 60m sprint track, 30m x 2.4m high bouldering wall and caters for sports such as Basketball, Volleyball, Netball, Indoor Football, Badminton and Indoor Handball.

Accommodation

Accommodation is in the Thredbo Alpine Hotel. This can either be twin share or single share bedding. There are also two and three bedroom apartments available.

Dining

There is a range of meal packages available. This can range from simple bistro style meals, packaged picnic lunches to dining in our award-winning restaurant Cascades.

Conference Rooms

The Alpine Hotel has conference rooms available for hire including the use of all audiovisual facilities.

Massage

A massage therapy service is available at the Thredbo Alpine Hotel.

Local Services

Thredbo has a vibrant year round village that can cater for all your daily requirements. This includes a supermarket, post office, newsagent and a number of cafes and restaurants available for different dining options.

The township of Jindabyne is a short 25-minute drive from Thredbo. Jindabyne boasts a shopping centre, numerous restaurants and a cinema.

Recreational Activities

There are a number of other activities and team building options available. These activities include: 9 hole ACR rated Golf course, Guided Walks, Chairlift Rides, Bobsled, Mountain Biking, Fly Fishing, Tennis, Wakeboarding and Waterskiing, Abseiling, Rock Climbing and White Water Rafting.

Village Green

Located in close proximity to the Thredbo Alpine Hotel, the village green is an area approximately 40m wide and 100m long.



For more information

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