



# INTERSCHOOLS RACE CAMP 2019



The Thredbo Interschools Race Camps are a great way for school students with a strong skiing or snowboarding ability to increase their skills in all aspects of Alpine Racing. The four day Race Camps are for high intermediate to advanced skiers and boarders who have previously participated in Interschools racing and are looking to cut time off their race runs. Camps will focus on Alpine Race technique and tactics using the athlete's sound skiing/snowboarding technique. This intensive camp is for students from 8 years to 17 years old who are striving to compete at a higher level in the Interschools competition.

DATES	July 6 <sup>th</sup> – July 9 <sup>th</sup> , July 10 <sup>th</sup> – July 13 <sup>th</sup>
TIMES	8:30am – 1:30pm
COST	\$XXX TBC – Lesson only \$XXX TBC – Lift and Lesson
INCLUSIONS	Up to 5 hours of on snow training each session. Coaching sessions both in and out of gates, video analysis, two short breaks during the daily program.
REQUIREMENTS	Participants must be a minimum level 6 – 8 skier or snowboarder. Participants must be 8 – 17 years old to participate. Participants should have snacks in their pockets.
MEETING AREA	Friday Flat Clock Tower at 8:15am
RACE SUIT HIRE	Rent your GS race suits from the Thredbo Sports Valley Terminal
BOOKINGS	Bookings can only be made online via the Thredbo eStore: <a href="http://thredbo.com.au/estore">thredbo.com.au/estore</a> If you require more information please call <b>02 6459 4044</b> or Email: <a href="mailto:snowsportsbookings@evt.com">snowsportsbookings@evt.com</a>