



2025 MTB Interschools Rules & Regulations

Zero Tolerance Policy

Thredbo holds a zero-tolerance policy to anti-social behaviour. Riders must always act in a sporting manner whilst showing respect to fellow competitors, staff, guests, and the natural Thredbo environment. Riders accept that involvement in anti-social behaviour or riding the MTB park after hours will, without notice, result in being banned from all future Thredbo MTB events, removal of lift access privileges and their school disqualified from this competition.

General Rules

- A rider must always act in a sporting manner and must permit any faster rider to overtake without obstructing.
- If a rider exits the course for any reason, he/she must return to the course between the same two course markers where he/she exited.
- In case a rider fails to return to the course, the commissaires' panel can disqualify the rider.
- The riders must respect nature and must make sure that they do not pollute the course venue.
- Anyone who is found to have altered the course has his/her accreditation removed or, in case of a rider, is disqualified.

Race Plates

Race plates cannot be cut, altered, modified, or wrapped around handlebars and must be clearly visible for race marshals and timing officials at all times. It is critical transponders that plates must be placed away from the forks where possible. Your race result may **NOT** be recorded if you modify or wrap your number plate around the handlebars and may result in a DQ.

Concussion Rule

If you have been involved in an incident and suspected of a concussion must be thoroughly assessed and monitored by a healthcare professional. All participants must receive medical clearance before returning to competition. In case of a multi-day event clearance must state that they are cleared medically to compete for the duration of the event. Please see the Thredbo Concussion Policy for further detail.

Seeding

Seeding for the All-Mountain race will be based off 2024 Interschools results. Those results will then determine seeding for the Flow start list on the following day. The Flow results will then determine seeding for the DH start list.



Maxxis All-Mountain

All-Mountain Trail - From the top of Merritts Gondola

Competition Format

1 timed run per competitor with 30 second intervals.

Rules

- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of front suspension and two disc brakes.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

NOTE: The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

Marshals

15 marshals spread out across the race course.

First Aid Patrollers

6 First Aid Patrollers to be located throughout the race course and within the Valley Terminal Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.



Fox Flow

Kosciuszko Flow Trail – From Kareela Hutte

Competition Format

1 timed run per competitor with 30 second intervals

Rules

- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of front suspension and two disc brakes.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

NOTE: The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

Marshals

15 marshals spread out across the race course.

First Aid Patrollers

6 First Aid Patrollers to be located throughout the race course and within the Valley Terminal Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.



Rockshox Cannonball Downhill

Cannonball Downhill Trail – All divisions will race from the fly over bridge at the end of Centre Link

Competition Format

1 timed run per competitor with 30 second intervals.

Rules

- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of front suspension and two disc brakes.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves, elbow pads and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

NOTE: The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

Marshals

15 marshals spread out across the race course.

First Aid Patrollers

6 First Aid Patrollers to be located throughout the race course and within the Valley Terminal Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.



Deity Pump Track

Village Green Pump Track

Qualifying

All riders will complete 1 compulsory qualifying run at any time during their divisions time slot to be eligible to compete in the finals.

Finals

All finals will comprise solo timed runs. Div 1, 2 & 3 will feature the top 30 men and 10 women from qualifiers. Div 4 & 5 will feature the top 20 men and 5 women from qualifiers. Eligible qualifiers will progress through to the finals for one race run, racing from slowest to fastest in order of qualifying times.

Competition Format

All riders will start from the same gate.

Division 1, 2, 3 & 4 riders must complete a full outside lap, followed by an inside lap.

Division 5 riders must complete an outside lap only. Div 5 is also allowed to pedal.

Rules

- Chains are allowed. You can pedal up until the first tabletop, then no more pedalling for the rest of the course (except for Div 5).
- Riders must ride between the marked tape.
- In the event of the rider leaving the marked course, they will be disqualified if a time advantage is gained by short cutting.
- All bikes must have a minimum of 1 working brake and a minimum wheel size of 20 inch.
- Full face non-detachable helmets meeting the Australian Standards for off road use are mandatory for all competitors.
- Full finger gloves, elbow pads and knee pads are mandatory for all competitors.
- Elbows must be covered. 3/4 length jerseys are acceptable if they are covering the elbows.

NOTE: The Commissaire and/or Race Director will decide if riders are eligible for a re-run. Their decision is final.

Marshals

3 marshals spread out across the race course.

First Aid Patrollers

2 First Aid Patrollers to be located throughout the race course and within the Finish Area/Event Hub.

First Aid Shelter tent will be erected with signage to indicate First Aid services.